



# Avery Ranch Living

NOVEMBER 2018 A SOCIAL PUBLICATION EXCLUSIVELY FOR THE RESIDENTS OF AVERY RANCH

Meet  
Dr. Elizabeth  
Lowery  
of  
Avery Ranch  
Dental

***Her Story of  
The American Dream  
Page 20***

**IN THIS ISSUE:**

Beach Hut Deli Opens in Avery Ranch - Page 14  
Local Artisan Refurbishes Pallet Wood - Page 18  
Mom's Family Kitchen Heads to H-E-B - Page 30  
"Ninja" Megan Denny Competes at Worlds - Page 32  
... and much more!  
See Table of Contents on page 4

*Jennifer Rudolph*  
PHOTOGRAPHY

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# CONTENTS



**20**

Dr. Lowery's American Dream



**22**

Spotlight on Club Pilates



**14**

Welcome Beach Hut Deli



**32**

Young Achiever Megan Denny

- 07 About Avery Ranch Living
- 08 Homeowner's Guide
- 11 Avery Ranch Owner's Association
- 13 Website & Social Media Links
- 14 Beach Hut Deli Opens in Avery Ranch
- 16 Welcome Baby Lucas Matthew
- 17 Meet Retrievers Eggsy & Benedict
- 18 Local Artisan Marlon Terry
- 20 Dr. Lowery's American Dream
- 22 Spotlight on Club Pilates
- 24 Family Entertainment Review
- 26 News from the Avery Ranch Golf Club
- 27 National Night Out
- 28 Spotlight on Genuine Car Care
- 30 Mom's Family Kitchen to H-E-B
- 32 Avery "Ninja" Megan Denny
- 34 Private Event at Club Pilates
- 35 Kinder Grad Melissa Garcia
- 36 Ask the Experts: Cool Atmosphere
- 37 Girl Scouts of Central Texas
- 38 You're Invited: Field of Honor
- 41 Holiday Food & Wine Pairing
- 42 Avery Ranch Helping Hands
- 43 Avery Ranch Events Calendar
- 44 Index of Sponsors



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# ABOUT AVERY RANCH LIVING

## OUR MISSION

Avery Ranch Living is a private social magazine produced exclusively for the residents of Avery Ranch by N2 Publishing. Our mission is to help our very large and diverse neighborhood feel informed and connected as a community. We exist to share uplifting and positive stories about the families, kids, pets, social groups, charities, events, and businesses that make up our wonderful community.

This publication is mailed free of charge each and every month to ALL residents of Avery Ranch. Although we are an official benefit partner of the AROA, we are not subsidized by the AROA in any way. Instead, our efforts are 100% funded by the valued partnerships that we create with the reputable local businesses you see advertising in this magazine. Simply put, this magazine would not exist without the financial support of our business partners, so if you are enjoying Avery Ranch Living, please reach out and thank them! To advertise, email [laura.terry@n2pub.com](mailto:laura.terry@n2pub.com).

## MEET OUR STAFF



**LAURA CAPES TERRY** | Resident and Publisher  
Laura Capes Terry is a resident of Parkside and also the owner/publisher of *Avery Ranch Living* — published by N2 Publishing. Prior to becoming a franchisee for N2 Publishing, Laura was their client! Laura can be reached at (512) 658-5991 or via email at [laura.terry@n2pub.com](mailto:laura.terry@n2pub.com).



**ELANA JACKSON** | Copyeditor  
As a copyeditor, Elana Jackson polishes and corrects all manner of written documents – from websites and memoirs to product packaging, brochures, and magazines like *Avery Ranch Living*. To reach Elana, please visit [www.JacksonCopyediting.com](http://www.JacksonCopyediting.com) or call (512) 589-8570.



**JENNIFER RUDOLPH** | Photographer  
Jennifer Rudolph is a wedding and natural light lifestyle photographer. She loves telling a story through a picture and has been photographing families for the cover of *Avery Ranch Living* from day one! Call (512) 269-6775 or view her portfolio at [www.jenniferrudolph.com](http://www.jenniferrudolph.com).



**JENNY CAMPBELL** | Resident and Content Manager  
Jenny Campbell is a native Austinite and an 11-year resident of Parkside. Jenny works with resident contributors to gather articles and prepare their stories for print. To run a story about your family in *Avery Ranch Living*, please call 512-789-8970 or email [jenny.cambell@n2pub.com](mailto:jenny.cambell@n2pub.com).



**RACHEL IMBRIALE** | Resident and Staff Writer  
Rachel Imbriale recently moved from New York to Granite Shoals. As a staff writer for *Avery Ranch Living*, Rachel loves meeting her neighbors to spotlight their families, businesses, and hobbies. She can be reached at 512-200-1575 or via email at [rachel.imbriale@n2pub.com](mailto:rachel.imbriale@n2pub.com).



**NAOMI CHAFFIN** | Ad Manager at The Ad Junkies  
Naomi Chaffin is our Ad Manager. In her role, she works with our clients to design and place their ads each month in *Avery Ranch Living*. To reach Naomi, please call 870-340-6323 or email her at [averyranchliving@theadjunkies.com](mailto:averyranchliving@theadjunkies.com).

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# HOMEOWNER'S GUIDE

## THE AVERY RANCH OWNER'S ASSOCIATION (AROA) IS COMPROMISED OF 14 NEIGHBORHOODS AND 4 SUB-ASSOCIATIONS:

**East Side:**  
Waters Edge  
Westchester  
Parkside  
Creekside  
Brookside  
Morningside  
The Enclave  
Champions  
The Reserve  
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*Please note: The Commons at Avery Ranch, Pearson Place, Heritage Oaks, and Northwoods are not part of Avery Ranch Owner's Association.\**

## AROA BOARD OF DIRECTORS & OFFICERS

The Master Board has the authority "to promote the health, safety, and welfare of the Property."

**PRESIDENT: GARY WILKS**  
**VICE PRESIDENT: NAVEED MAHMOOD**  
**SECRETARY: ALISON WOSS**  
**TREASURER: JASON LYNN**

## RESIDENT DIRECTORS:

Gavin Staats  
Rebecca Harrison  
Arthi Thiagarajan  
James Caramanica  
Pat Wimberly  
Brandon Pray  
David Massey

## AVERY RANCH SOCIAL COMMITTEE (ARSC)

The Master Board has chartered the Avery Ranch Social Committee (ARSC) whose purpose is to facilitate positive interactions among Avery Ranch homeowners through a variety of planned social events reflective of the Avery Ranch demographics. The intended result is improved neighborhood camaraderie, fellowship, and a sense of community. The ARSC Chair is Nish Jindani. *To volunteer to serve on the ARSC, please email [averyr@ciramail.com](mailto:averyr@ciramail.com) or call 855-947-2636.*

## AVERY RANCH AMENITIES

Avery Ranch has six pool complexes to choose from. All pools require a security fob for entry. The community also

features five tennis courts, one basketball court, two volleyball courts, a large park featuring playscapes, and access to the Regional Trail System. At the Main Amenity Center (located in the Morningside Neighborhood) the Pool Pavilion, Amphitheater, and Indoor Meeting Room are all available for rental. Please contact the management company for details at 855-947-2636.

## \*OTHER NEIGHBORHOOD HOA INFORMATION

The Commons at Avery Ranch HOA: 512-474-1551

Pearson Place at Avery Ranch HOA: 512-310-8174

Heritage Oaks HOA: 512-347-2888

Northwoods at Avery Ranch HOA: (512) 347-2888 (Associa Hill Country)



Questions or concerns? Email [averyr@ciramail.com](mailto:averyr@ciramail.com) or call 855-947-2636. Board-related questions? Email [gethelp@averyranchhoa.com](mailto:gethelp@averyranchhoa.com).

## AVERY RANCH LIVING MAGAZINE

*Avery Ranch Living* is an official benefit partner of the Avery Ranch Owners Association (AROA), but the AROA does not contribute financially to this magazine in any way. It is completely funded by the business sponsors you see advertising here. Please reach out to these folks and thank them for bringing this wonderful amenity to our community free of charge each and every month. To advertise, please email Laura Terry at [laura.terry@n2pub.com](mailto:laura.terry@n2pub.com). Thank you.

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AVERY RANCH OWNER'S ASSOCIATION

Story by April Aguren, AROA Board Member  
 2004-2016

# FAQS

Whether you just moved into Avery Ranch or have been here for years, you probably have a few questions for your AROA. Here are the answers to some of the most common questions we get:

**Q: I want to repaint my front door. Do I need AROA approval?**

A: If you are performing minor maintenance on the exterior of your home, like repainting a door or trim the same color, then it is considered a maintenance issue and not an exterior change. Minor maintenance adjustments do not require AROA approval, while exterior changes do.

**Q: When would it be considered an exterior change, and how do I get it approved?**

A: Exterior changes include any alterations to the existing features of your home, such as exterior paint color, fence stain, installation of new landscaping, addition of patios, installation of pools or playscapes, etc. To get approval for exterior changes, you need to complete an Architecture Design and Review Committee (ADRC) form, which can be obtained by visiting [averyranchhoa.com](http://averyranchhoa.com), or writing to [gethelp@averyranchhoa.com](mailto:gethelp@averyranchhoa.com).

**Q: How long does it take to get approved?**

A: Technically, the committee (which is comprised of three AROA Board members) has up to 45 days to approve. However, once an application has been entered into the system, turn around has typically been 7-10 days.

**Q: What should I include in my application?**

A: Your application should have a detailed description of the project, a timeline to completion, a list of materials to be used, a photo/sketch of the intended outcome, a layout showing where the improvement will sit on your property (using the survey plat from your closing documents is best), and information on any contractors who may be used in completing the project.

**Q: Can I xeriscape my yard?**

A: Yes, certainly! We encourage our residents to consider it. More details about it can be found in the member area of [averyranchhoa.com](http://averyranchhoa.com). But, in brief, you can xeriscape your front yard, including the nuisance strip, but you must leave at least 25% of the yard turf lawn. You can't have it all be rock or mulch material. Plant material in the nuisance strip can't be taller than 18". Only River Rock in the nuisance strip. Again, any changes will require ADRC application approval.

**Q: I need more storage. Can I install a shed?**

A: Per our Codes, Covenants and Restrictions (CCRs), we are only allowed sheds that are no taller than 6' in height and have a footprint of no larger than 80 square feet.

**Q: Can I have a satellite dish?**

A: Yes, but we do ask that you complete an ADRC application so we can ensure that placement is toward the back of the home.

**Q: Can I install solar panels?**

A: Yes, but we do ask that you complete an ADRC

application so we can ensure that placement is not directly impacting a neighbor with the reflective surface shining into their home.

**Q: I lost my mailbox key. Where can I get a new one?**

A: If you get your mail in a kiosk that has stone walls, then you will need to contact a local locksmith to open your box. If you get your mail in the all-metal mail kiosks, then you will need to go to the post office to get a new key. Our post office is located at 10109 Lake Creek Pwky, Austin, TX 78750.

OUR PROPERTY MANAGERS

Jodie Walker (General Manager) and Elizabeth Theiss (Director of Lifestyle Services for Avery Ranch) are employed by Grand Manors — our property management company. They office out of the space located near the Glenfield Pool. The address is 14208 Marathon Road. They can be reached at 855-947-2636 or via email at [averyr@ciramail.com](mailto:averyr@ciramail.com). Jodie and Elizabeth have an open door to all residents of Avery Ranch. You are welcome to stop in anytime during normal business hours for a chance to meet them and understand their roles.



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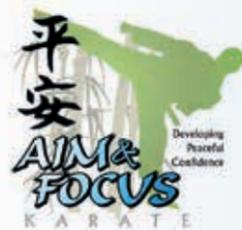
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**Official Community Magazine:** AveryRanchLivingMagazine.com  
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**Cub Scout Pack 150:** ScoutPack150.org  
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Groups/173205146198921  
**Running Club:** Facebook.com/Groups/377083999132911

**Real Estate:** ILoveAveryRanch.com

**Avery Ranch Cyclists:** Facebook.com/groups/1579737848726347  
**Avery Ranch Rocks:** Facebook.com/groups/132421070884159  
**Neighborhood Events:** Facebook.com/ARNeighborhoodEvents  
**Traffic Alerts:** Facebook.com/groups/1282234731860541

**NEIGHBORHOOD FACEBOOK PAGES**

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**The Overlook:** unknown  
**Westchester:** unknown  
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Meet Co-Owner Gina Aloe



Meet Co-Owner Rob Aloe

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**WE ARE PLEASED TO ANNOUNCE THE GRAND OPENING OF BEACH HUT DELI ON VETERANS DAY, LOCATED AT 14900 AVERY RANCH BLVD., STE. B700 (THE PLAZA AT AVERY RANCH).**

### What is Beach Hut Deli?

Beach Hut Deli operates in over 40 locations across the western U.S., and our sandwiches are nothing like you have ever experienced. We offer a large variety of meticulously crafted sub sandwiches, salads, appetizers, wine, and locally sourced microbrews and sodas. Every ingredient is top quality and completely fresh. We give more to our customers than great sandwiches, though. We pride ourselves on providing a fun, relaxing, home-away-from-home environment where customers can hang out and socialize. With great music and multiple TVs showing sports, Beach Hut Deli provides a mini vacation and a dining experience like none other. Along with normal dining hours, we deliver via food apps, and we offer catering. We look forward to serving your office or community event.

### Meet Rob and Gina Aloe, Beach Hut Deli Owners

Rob and Gina have a history with Beach Hut Deli. The original Beach Hut Deli opened 1981 in Gina's hometown, Sacramento, CA. She grew up the daughter of an Air Force officer whose family moved around the world, but some of her fondest childhood memories were created at Beach Hut Deli.

Rob, an Army combat veteran, first discovered Beach Hut Deli through college friends. After his time in the Army, he moved back to Sacramento. He continued to enjoy Beach Hut Deli's creative menu and wide beer selection and always found it to be a great place to hang out with friends and family.

The Aloes got married in 2015 and moved to Cedar Park after Rob finished graduate school in Charlotte, NC. They fell in love with the people and culture of Austin, so they wanted to share their love for Beach Hut Deli with the community. Rob and Gina contacted the franchise and expressed their interests in taking their brand to Texas. The franchise, which is still

family owned and operated, was very excited about the opportunity to be in Austin and open the first Beach Hut Deli in Texas. Over sandwiches and beers and after a test period, the team agreed to award the Aloes their own store.

"Beach Hut Deli has been a staple in our lives, and we look forward to creating memories with our Austin ohana — that's 'family' in Hawaiian!"

### The Aloes' Favorite Beach Hut Deli Menu Items

Once you try Beach Hut Deli, you'll agree that it's hard to just choose one item! One of Gina's favorites is the Surfin' Bird sandwich, which is turkey, bacon, avocado, cream cheese, and fresh produce. Rob enjoys the Shark Bite with ham, Swiss, bacon, cream cheese with BBQ sauce, and lettuce and onions on toasted garlic cheese bread. There is something for everyone at Beach Hut Deli. Come on in and discover *your* favorites!



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"The sandwich menu here is quite extensive and each and every sandwich is unique and well-prepared! The fresh ingredients shine through. The staff is very friendly and accommodating. This is a MUST-STOP!"

- Michael G.





MAGIC MOMENTS

# WELCOME TO THE WORLD, LUCAS MATTHEW!

Photos by Allette Wuellauer, Resident of Granite Shoals and Owner of Glimpses Captured  
 Story by Geetha Beauchamp, Resident of Parkside



Lucas Matthew, Our sweet baby boy. You are still so tiny, so there are only a few things we know about you so far. You love to eat, sleep, make “Ooo” faces, watch the fan spin, and you’re amazingly tolerant of your brother, Caleb, yelling lovingly into your face, patting your head, and poking your sweet dimples.

We want you to know how precious you are and always will be to us. In the years to come, we and your brothers will teach you so much, and you have already taught us so much in the short amount of time you’ve been with us. You have taught us what it is to be extremely patient. You have taught us to be selfless. You have reminded us again of pure love. You have taught us that it is possible to just sit and enjoy the little moments, even during the chaos.

We pray that you grow up strong and sweet and that you have a heart for others. We pray that you are courageous, kind, generous, and patient. We pray that you never let anything dull your bright, lovely, and budding personality. We pray that the world is less cruel to you than it can be. But we’ll do our best to soften it, if even just a little. We pray that you will always harbor a deep curiosity for the world. We pray that you explore, challenge yourself, try new things, and give your best.

You have made our family feel complete. We cannot wait to do life with you, sweet baby boy. We are so grateful that you are here, and we are overjoyed to be your parents.

Love,  
 Mommy and Daddy

## PRECIOUS PETS

Story by Stephanie and Jason Reese, Residents of Granite Shoals

# MEET Eggsy AND Benedict

## ENGLISH CREAM GOLDEN RETRIEVERS



**How old are your pets?** Eggsy is 2 years old, and Benedict is 3.

**Where/why did you get your pets?** Our family doesn’t feel complete without a furry buddy.

**Is there a story behind their names?** Benedict came first, and it took a very long time to finally land on a name that suited his personality: regal, stubborn, smart, and handsome. Eggsy came second, and it seemed a natural pairing: Eggs Benedict.

**Is there anything special or unusual about your pets?** Benedict was an only child for about a year, and we quickly realized he is not the type of pup that can be by himself. While Mommie had no inclination to have two pups that weigh just about what she does, she realized there was no choice — the family needed to be expanded by one.

**What do you like best about your pets?** Unconditional happiness, cuddles,



kisses, and the feeling of love as soon as you enter our home.

**Do you have any funny stories about your pets?** Every day is silly. They are total goofballs with one another and have no concept of personal space. But looking back on it now, probably the funniest thing happened one holiday after the pups decided to rip open one of our feather-filled couch pillows. When our doggie caregiver came over, she just about had a heart attack. Our entire wood floor was covered with white feathers, and it looked like it had snowed!

**How spoiled are your pets? What do you do to spoil your pets?** They are both spoiled daily. From car rides and getting pup-a-chinos at Starbucks, to swimming in the creek and daily walks with their Mommie, they do not want for anything.

**How have your pets have enriched your lives?** They have enriched our lives for sure. They were the inspiration to start our own pet sitting/dog walking business, of which they are the mascots. I, Stephanie, used to work 55+ hours a week in corporate banking, and I would sit in my office waiting to get a text with a picture of my happy boys from their dog walker. Some days, it was the highlight of my day. Then one day, I had an epiphany: I would much rather be sending the text than waiting to get the text. With Jason’s support, I started Reese’s Pet Sitting. New adventures can be super scary, but we both have faith.





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LOCAL ARTISAN

# MEET MARLON TERRY, WOODWORKING ARTISAN HANDCRAFTING HOME DÉCOR ITEMS FROM REPURPOSED PALLET WOOD



Marlon Terry is a resident of Parkside and a woodworking artisan. Over his lifetime, he's custom-crafted a variety of furniture and home décor items out of mesquite wood that he harvested from ranches in his hometown.



His last project turned him toward handcrafting home décor items from repurposed pallet wood (wine cork boards, tables, crates, shelving, etc.). Over 98% of the materials in his designs are rescued from a trash disposal and then subsequently crafted into handmade home furnishings and decorations. The remaining 1-2% are “new” items, including glue and fasteners. Marlon’s passion is giving new life to old wood, making it into something that others can enjoy while keeping these pallets out of our landfills.

Marlon grew up 250 miles from Austin in a small farming/ranching community in West Texas called Roby. It was there where he learned his woodworking skills — many of which were self-taught. Marlon gained enough experience in woodworking to make structural repairs on his dad’s farm while saving his dad from the expense of hiring an expensive contractor. In a small town where resources were scarce, Marlon says, “We learned to make do with what we had, or we made what we needed out of available materials. So out of necessity, I learned woodworking. As it turned out, I really enjoyed it too.”

After Marlon completed his bachelor’s degree and settled in Austin, TX, he found himself wandering through a small import furniture shop that specialized in items made from mesquite wood. It was in that moment that he realized he had unlimited access to oceans of this stuff around his hometown of Roby! There he started cutting down big mesquite trees and milling them into lumber, which he used to make anything from his family’s dining room table to heirloom keepsake boxes given to his groomsmen at his wedding. To support his “mesquite habit,” he sold excess lumber to other furniture makers and woodworking artisans. Marlon adds, “If you’ve ever seen mesquite trees in the wild, then you know that it is hard to find one bigger than eight inches in diameter and straight enough to use for making lumber.”

Becoming a parent changed Marlon’s priorities. When his son was born, he helped his wife convert the “outbuilding” in the backyard of his old house (which served as his woodshop) into a beautiful and spacious playroom for his son. During that time, all the woodworking equipment was moth-balled in hopes that it would be used at a later date.

Fast-forward seven years (which included a move to Avery Ranch), and Marlon started to regain interest in the craft. But this time, it was all about recycling the pallets. He now has unlimited access to them at his job, and if he doesn’t take them home and recycle them, they end up in the dumpster. He has his pick of any pallet material in the “bone pile” that’s scheduled to go to the dumpster. So, he “rescues” the wood that he needs to build the wine cork boards, tables, crates, shelves, etc., and — with the support of his wife — he finds ways to craft home furnishings and décor items that have a rustic appeal.

Marlon has been working on pallet wood projects in the garage of his Avery Ranch home for a few months now, and it seems to be working out — aside from the occasional excess sawdust that finds its way into the kitchen and other areas of the house where it doesn’t belong.

The work space may be less than half of Marlon’s original woodshop, but he says it’s still a good therapeutic experience for him to get out there and fashion something new and useful out of material that most think is meant for the local landfill. To reach Marlon, email [marlonterry@yahoo.com](mailto:marlonterry@yahoo.com).

 If you have a hobby that you’d like to share with our community, please email [averyranchliving@gmail.com](mailto:averyranchliving@gmail.com).

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## COVER STORY

Story by Dr. Lowery, Avery Ranch Resident

# MEET DR. ELIZABETH LOWERY, OWNER OF AVERY RANCH DENTAL

## OVERCOMING OBSTACLES ON HER PATH TO HER AMERICAN DREAM

# Avery Ranch Dental



I am Dr. Elizabeth Lowery, and this is my story. While I'm hesitant to share parts of it, I hope that in doing so, others might be inspired to reach for their own goals — despite the circumstances. So here goes.



I was born in California to poor, working-class immigrant parents. Due to my father's personal struggles that included alcoholism, my folks had difficulty supporting the family. So, when I was eleven, my parents sent me and my brother to live in Costa Rica with my grandmother while they tried to improve their situation. My grandmother instilled in me a love and faith in God, a desire to excel at everything I do, a creative personality, and a positive attitude.



In large part, I credit my success in business and in life to the upbringing I received from my grandmother.



Growing up in Costa Rica was a wonderful experience, filled with plenty of time for enjoying nature and adventure. But I longed to return home to the U.S., so I set out to achieve this goal. I had to save enough money for a flight back and for college on my fifty-cent-per-hour salary. After several years, I managed to save \$3,000, which was enough for a one-way airplane ticket, a deposit on an apartment, a beater old car to get to work, and about a week's worth of groceries and gas. I was so happy to be back in the U.S., and I was dreaming of the wonderful life I would build here. It took 20 years, but with God's grace, night jobs during undergrad, student loans, and wonderful people who helped me along the way, I achieved the American Dream. I now have a wonderful family, a meaningful career, a home, and the ability to make a difference in people's lives.

I earned a bachelor's degree in microbiology from UT Austin with high honors and then went on to earn my doctorate degree from The University of Texas Health Science Center San Antonio, graduating Magna Cum

Laude with numerous other accolades. Unfortunately, my father died on my first day of dental school. It is sorrowful that he didn't see me graduate and he never met any of his grandkids, but I have always felt compassion for my father.

Following dental school, I worked for a corporate dental office and soon realized that I wanted to build an office of my own where I could make a difference in the lives of my patients and my employees—a place where patients could receive the highest level of clinical excellence and personalized care, where they would feel at home. It was also important for me to create opportunities for others to succeed, just as others had done for me along the way. I wanted a team environment where my employees could find work-life balance and do good in the community.

With this mentality, I built a practice from the ground up. I started in 2004 by renting space from a dentist nearby. It was just me and Kelli filling the multiple roles of chairside assistant, scheduler, insurance coordinator, and office manager. We waited patiently for our new office to be built in the shopping center across the street from our current location. We very quickly grew from just the two of us to four, then eight, then twenty, then a second office, and so on, until we reached our current count of 45 employees. Some might think that sounds like a huge number, but to us, it felt like our family was simply growing, and we were delighted. In fact, it seemed that every time one of our doctors got pregnant, our staff grew by about four more employees because each new doctor we brought on board to cover during maternity would end up being very well liked by the patients and would stay. This would create a need to increase the personnel to accommodate the additional doctor.

During this time, I continued to grow my skills by becoming

the only American Academy of Cosmetic Dentistry accredited dentist in Austin, a very rewarding accomplishment that few have attained worldwide in regards to reconstructing and creating beautiful, youthful, and functional long-lasting smiles. I am very proud that we have participated in "The Give Back A Smile" campaign to help restore battered women's smiles, which allows them to regain their confidence and rejoin the workplace without being self-conscious about their broken smiles, constant reminders of the abuses they endured.

We were so blessed to have the continued support of the community, which allowed us to build our own building at the corner of Avery Ranch and Parmer Lane, where we currently practice. It's a magnificent building and a landmark. The office's interior looks like a combination of a cozy home and a technologically advanced treatment facility, complete with warm blankets and a TV in every treatment room. We can deliver all kinds of dental treatment, from simple fillings and crowns to more complicated full-mouth reconstructions, implants, cosmetic smile make-overs, and Invisalign orthodontic treatment.

In our office, we see adults and children and have extended late evening hours and select Saturday hours to help accommodate people's busy schedules. Our mission is to deliver excellence in everything we do! The biggest compliment we get from patients is that after seeing us, they are no longer afraid of the dentist. The Avery Ranch community has been amazing. So much so, that as soon as I could, I moved here! I love the sense of community, the beautiful landscape, the great schools and businesses, and the wonderful people who live here.

If you'd like to reach out to Dr. Lowery, please email [smile@averyranchdental.com](mailto:smile@averyranchdental.com).

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## SPONSOR SPOTLIGHT

Story by Molly Lindner, Owner of Club Pilates



# CLUB PILATES

## PILATES: A Workout That Will Change Your Life

"In 10 sessions you'll feel the difference. In 20 sessions you'll see a difference. In 30 sessions you'll have a whole new body."

- Joseph Pilates



As a husband-and-wife duo with a passion for fitness, health, and wellness,

Hector and I are excited to share the story behind Club Pilates Cedar Park and Club Pilates Round Rock! We have been married

for 20 years, and while our fitness paths have been very different, those differences enhance our business.

Hector is a six-time Iron Man, accomplished marathoner, triathlete, and running coach. He has been an athlete for as long as I've known him, waking up at insanely early hours and training with a discipline and commitment like no one else I know! We happily use the excuse of his Iron Man and marathon events to travel to exotic places. As he competes, I volunteer and support the events, and I cheer him on, along with our three kids. I, on the other hand, am not athletic. At. All. I enjoy things like walking my dog, biking along the trails, and taking occasional gym or yoga classes.

I discovered Pilates at a fitness studio I used to attend. I was intrigued by the Reformer and the idea of lying down while exercising! Once I took a few classes, I was hooked. I

was impressed with the full-body workout through low impact and controlled movements — it was just my pace. The more I do Pilates, the more I appreciate its versatility and toning effects. And with my master's degree in public health, I have dedicated my career to promoting health and wellness. Hector discovered Pilates through sports physical therapy. As an athlete, stretching and lengthening are important for muscle recovery, balance, and stability. With Hector's background as an athlete and his career in law, finance, and business, combined with my work in public health, we make a great match!

We lived in Mexico City for 17 years, working and raising our family. Three years ago, we decided it was time to relocate back to the U.S. I'm originally from Vermont (where the winters are too long and cold), and Hector was a graduate from UT McCombs Business School. We were familiar with the joys of Austin, so the choice was clear. After lots of soul searching and market research, we found Club Pilates as the perfect fit. We dove all in and have not looked back.

You will see me in the studio, on the Reformer, and chatting with staff and clients. I also manage the community outreach and marketing. Hector puts his professional skills to use managing the operational details, from lease agreements, build out, and vendor contracts, to payroll and financial management. And of course, the athlete and coach in him have inspired him to pursue Club Pilates Teacher Training, so don't be surprised if you find yourself taking one of his classes someday!

The best part of owning a Pilates studio is the people! We think of our studio as a community. Each Club member has unique goals, but what brings us together is Pilates and a commitment to taking care of our precious bodies. From the 17-year-old student-athlete to the 87-year-old retiree, we are all in the studio with the intention of supporting a healthy lifestyle. Pilates is for everyBODY. No matter what age, fitness level, size, or shape, Pilates has enormous benefits on core strengthening, muscle tone, balance, and flexibility. Many of our clients use Pilates as a form of physical therapy, some as part of a weight-loss plan, and others to complement other forms of exercise they already do. There is no right or wrong reason to incorporate Pilates into your healthy lifestyle.

We offer private and group Reformer Pilates classes, providing a tailored, high-end workout with different membership levels to suit everyone's fitness goals and budget. We offer eight different class formats at four different levels, seven days a week! Between our two studios, we employ nine comprehensively trained and certified Pilates Instructors. Their diverse backgrounds are an enormous asset to the studio and to our clients. Another unique difference about our studio is the integration of a variety of equipment, including Reformers, EXO chairs, TRX,



Trigger Point, springboard, and Barre. And because our classes are never scripted, each class feels different.

We think of our studio as a community AND as a family! We try to make the experience as personal, safe, and enjoyable as possible for all our members. We offer free workshops about Pilates, health, and wellness not only to our members but to anyone who cares to join us. We work hard to make your Pilates experience with us one of the highlights of your day!

### HERE'S WHAT ONE REVIEWER HAD TO SAY:

"I absolutely love this place! I have done mat Pilates for a couple of years, and on a whim, I decided to check out Club Pilates after passing by one day. I am impressed. Great instructors, nice facility, a ton of class times, and different class options from a normal practice to an entire class dedicated to foam rolling and stretching. With a max of 12 students, the instructors take time to correct positioning so you are always practicing in a safe, effective manner. The other clients are wonderful... we are all in it together and we encourage one another. I leave that studio with a smile on my face every time!" — Kenna Griffith

Come visit either of our locations. Your first class is on us! And... don't forget your grippy socks. See you on the Reformer!

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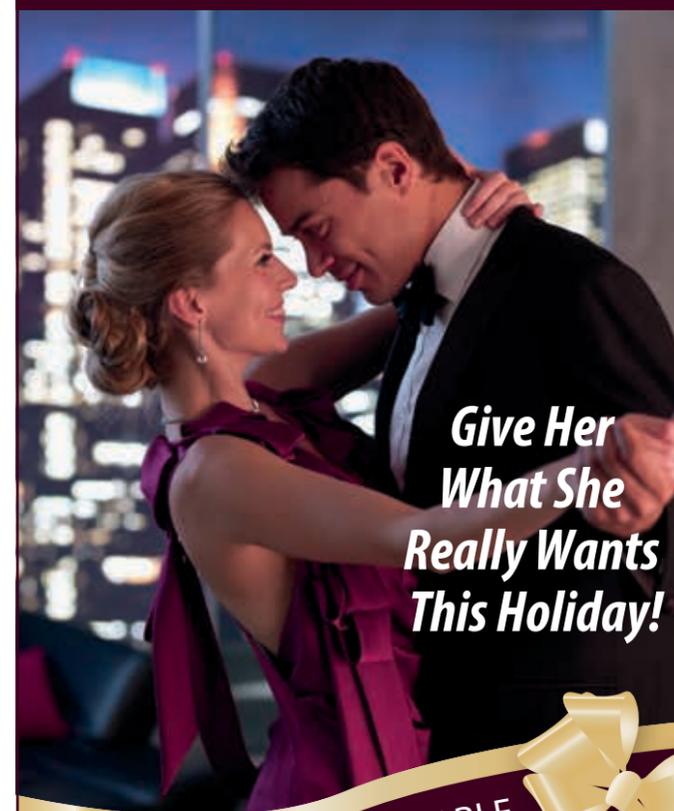


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# WATCH THIS! READ THIS! PLAY THIS!

## FILM, BOOK, AND GAME REVIEWS BY PRMS STUDENTS

Essays submitted for a Writing Project from Mrs. Bindel's Sixth Grade Class at Pearson Ranch Middle School

**From Mrs. Bindel:** In a household with two busy kids in the tween/teen phase, our family time is more limited than it was during those early years. When they were younger, I was always on the lookout for games and activities to occupy the long days. As the adage goes, the days were long, but the years were short, and now I find myself looking for quality entertainment for the whole family for those much rarer occasions when we can pull together a family movie night or game night. My sixth-grade students at Pearson Ranch Middle School will be sharing their reviews here this year, giving ideas for entertainment for the whole family. We hope you enjoy!



**Stream This!**

By Nila Arunkumar, resident of Parkside  
**The Greatest Showman** is a musical inspired by the life of P.T. Barnum, an American showman who founded the Barnum & Bailey Circus. The story is about the young Barnum who grows up longing to be a showman. His parents die and not a penny to spare, he fights against all the odds. Even as an adult with a wife and two kids, he is still poor and tries to fulfill his dream. He then struggles against society and forms a group of oddities who become the heart of his circus. Watch how Barnum tries to find where he belongs and what he cares about. I recommend this movie to all families. I loved this movie and still catch myself humming the songs. The energetic choreography, powerful songs, graceful scene transitions, detailed costumes, and the vivid colors of this movie will lure you in to experience the magic of this musical!



**Read This!**

By Nithila Karthik, resident of Morningside  
"Three different kids. One mission in common: ESCAPE." - Alan Gratz  
**Refugee** by Alan Gratz is a historical fiction novel which talks about three different kids in different places and decades. The kids — Josef, Isabel, and Mahmoud — all go through tough times

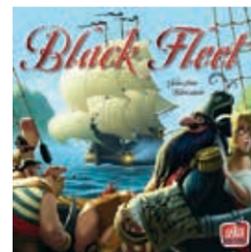


in their lives, escaping the Nazis, fleeing to America, getting to Europe, and so on. Their journeys are tough, but they get through with hope and bravery. I really enjoyed this book because it lets you know that there are lots of good people in this world to help you. It tells you about the lives of refugees and how they don't have lots of things that we take for granted. I would recommend this book to people who like fiction based on historical events. This would be a great book for kids ages 10+.



**Play This!**

By Kedar Panchal, resident of Waters Edge  
**The Black Fleet** is a great game for preteens and older. In the game, you take the role of a pirate who controls merchants, pirate ships, and the navy. The goal of the game is to get enough money to upgrade your fleet and pay the ransom for the governor's daughter. The longevity and replay-ability of the game is amazing. You can fully engage your mind and still have a new way to play every time. I would recommend this game for preteens and older due to some references to alcohol and tobacco use. The game serves two to four players, so it can be played by the average-sized family. It is a great game for more developed gamers.



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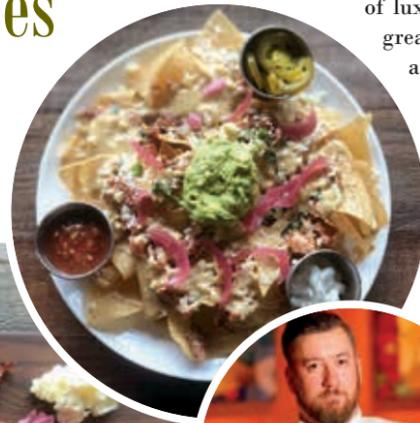


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# The Avery Ranch Golf Club Announces a New Head Chef & a New Menu



Story by Lyzet Aguilar,  
Director of Marketing for the Avery Ranch Golf Club

The Sunset Grill at Avery Ranch Golf Club gets a fresh new head chef—Alan Paryzek. Alan was born in the Czech Republic and raised in Chicago. A Texas resident since 2009, Alan has been at the helm of luxury resorts and restaurants throughout the great state of Texas. His love for food comes from a family tradition of cooking, hunting, fishing, foraging, and entertaining guests. You will find that Alan's cuisine is highly influenced by what is available locally and seasonally, and he has a strong bias toward authenticity. The Avery Ranch Golf Club Food and Beverage Department has been under new management for the past few months and they are very excited to add Alan to the team! With the addition of Alan, Avery Ranch Golf Club will be debuting a new menu that will include breakfast items and choices for kids. Along with a new menu, they will be offering a Happy Hour, Sunday-Friday from 4:00–7:00 p.m. The Avery Ranch Golf Club Sunset Grill is open to the public seven days a week.

For more information, visit [www.averyranchgolf.com](http://www.averyranchgolf.com) or call Lyzet Aguilar at (512) 248-2442.

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Genuine Car Care brings the shop to you! Owner Dwayne Saunders founded his automotive one-stop shop by putting the customers' needs first. "We do everything mechanical for your vehicle, from simple oil changes to major repairs, including diesel and transmission work, maintenance, brakes, suspension work, and even bulb replacement. We offer a full spectrum for your automotive needs," says Saunders. "We've built a reputation throughout Central Texas for fairness, personalized care, reliability, and a genuine concern for our customers' well-being." Genuine Car Care also offers something truly unique – concierge service. "Our concierge service quite literally comes to our customers! This means we'll pick up your vehicle and bring it back when complete. We have a fleet of loaner cars for you to use while our technicians get your vehicle back in working order."

After working in the automotive industry for 28 years, Dwayne realized that "people just don't have time for car troubles or unscrupulous sales pitches. Too many folks have been frustrated by auto shops that 'Don't work on those types of problems or vehicles.' At Genuine Car Care, we work on American, Japanese, German, hybrid,



antique and vintage models. Bring it to us—or we'll come get it! We'll fix it and return it to you in great condition... ASAP."

Dwayne began his automotive career working for several larger companies and dealerships, building them into profitable companies. A life change 15 years ago led Dwayne to an independent auto shop. "Within one month, I increased the shop's revenue by 57%, which, of course, made the owner very happy. But he sat me down and said something that no other owner had ever said before. He said, 'Great job, Dwayne, but I DO NOT CARE ABOUT MONEY. WHAT I CARE ABOUT IS HAPPY CUSTOMERS.' What he meant was to focus on building great relationships with superior customer care and service. Changing this mindset would not only build his business to greatness, but in the process, we would create superfans! It worked. Within eight years, we expanded to two locations. His business grew to the point he decided to sell for a large profit. I ended up staying there for another 1 ½ years before getting swept away by a larger company that doubled my salary. I now managed four stores and spent the next three years growing this new company by changing the culture of how they approached business as well. I had customers follow me for years, until there was an overwhelming cry for me to start my own business."

For Dwayne, that was a scary proposition. "I had a challenging young life and was homeless at the age of 11," says Dwayne. "Owning my own company seemed a near-impossible dream. A great book and a leap of faith changed the course of my future. So, at age 47, I founded Genuine Car Care. We've been growing ever since. My path is a true Cinderella story and testament to the fact that if you believe in yourself and invest in your customers, anything is possible! I have a beautiful family, a lovely wife, and seven wonderful kids (six girls and one boy)."

**WHAT SETS GENUINE CAR CARE APART FROM THE REST?**

"LOVE. We love what we do and we love helping people. We'll go to any length to take care of our customers. We focus on your needs and not a quota. People always tell me they go into shops and feel like they are being sold to. We are different. We help our customers understand what services we recommend and help them make the best decision for themselves and their family. We inform, rather than sell."

**HOW DOES GENUINE CAR CARE MAKE AN IMPACT ON THE LIVES OF CUSTOMERS?**

"Our customers experience trust and integrity. We impact their lives by giving them the peace of mind that we are on their side. We appreciate the privilege and honor of serving. The name of our company is GENUINE for a reason!"

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### SPICING UP THE AUSTIN COMMUNITY

Story by Tony Cabbage, Resident of Granite Shoals



While Austin, Texas, may be best known as the Live Music Capital of the World, the city spices things up every year in August with the world's largest hot sauce festival. This festival hosts over 350 hot sauce competitors and draws over 15,000 visitors! Mom's

Family Kitchen is the 1st Place People's Choice Award Winner (commercial bottler) 2013, 2014, 2015, 2016, 2017, and 2018.

Mom's Family Kitchen, LLC is a family-owned and -operated specialty food company here in Austin. Our products come from favorite recipes handed down through generations. We are proud to offer unique flavors and authentic tastes. As children, we spent time tasting recipes in the kitchen with our families. Growing up, we always knew that's how food was supposed to taste. We have continued the tradition with a wonderful balance of flavors and textures. The feedback we receive from friends and family is that we have something special and unique.

Mom's Family Kitchen had a humble beginning. The salsa really is my mother's family recipe and something I grew up with. My

wife fell in love with it, and we began making it back in 1998. As a bootstrap business, we started in our kitchen making small batches of jars at a time. We continued to juggle our day-job careers, sweating for equity in the business. Soon the demand increased and we knew the supply must grow with it. What was once a hobby had turned into a lot of work! Mom's Family Kitchen moved into a commercial kitchen space, and in 2008, with a cult-like following, we incorporated the business. Then, with weekends monopolized by kitchen and shipping duties, we made a solid business decision to bring in a manufacturing partner.



Now we have the capacity to make thousands of cases per commercial run, and we drop ship around the country to our clients and fans. You may find our products at several retail outlets in multiple states and through our online store at [MomsFamilyKitchen.com](http://MomsFamilyKitchen.com).

We continue to grow organically. Most notably, Mom's Family Kitchen branched out into gift baskets. These are no ordinary baskets. In the spirit of keeping Austin local, we've created

an Austin-Only Vendor's Gift Basket, full of edible and drinkable products from locally-owned Austin companies.

Texans know their salsa! Austin and the surrounding communities have shown Mom's Family Kitchen a lot of support over the years. The reason for all this love? Our products are made with natural ingredients. Our salsa may be packaged in a jar, but it tastes like it was freshly made because we skip the preservatives, additives, water, and oils found in a lot of other jarred salsas. Our classic tomato-based Medium Salsa has a true medium-level heat with great flavor and balance — it's a perfect blend of tomatoes, onions, jalapenos, and spices. Your taste buds will thank you! Our award-winning Spicy Salsa has a sweet heat — it's a little sweet on the front end with a spicy kick on the finish. Flavored with tomatoes, onions, jalapenos, habaneros, and spices, you're sure to enjoy this award winner! The newest addition to our lineup is a Seasoned Salt with mild seasoning and exceptional flavor. It's a great way for kids to eat their veggies, and versatile enough for BBQ rubs, breakfast tacos, or even a Bloody Mary.

Our clients give us rave reviews: "Great flavor that hits all my taste buds." "Enjoyed it so much I ate the entire bag of chips." "Salsa so tasty could be eaten like soup." "Honestly, it's the best salsa I've ever had."

Recently, H-E-B, the Central Texas grocery juggernaut, and Mom's Family Kitchen agreed to an exclusive partnership. Look for us at your local H-E-B store! Remember, please enjoy our products with friends and family. For more information, visit [www.momsfamilykitchen.com](http://www.momsfamilykitchen.com).

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# MEET MEGAN DENNY AN AVERY RANCH NINJA



## YOUNG ACHIEVER

Story by Rachel Imbriale, Resident of Granite Shoals

When you hear the word “ninja,” you may think back to the ‘80s, to a time when you were enthralled by your favorite G.I. Joe comics and the forever-conflicted Storm Shadow. Or perhaps you think back to the ‘90s and the Teenage Mutant Ninja Turtles who would chow down pizza while fighting crime. But if you’ve channel-surfed primetime television lately, you may know that ninjas have made a comeback on NBC’s American Ninja Warrior, a top-ranking show for kids ages 2-17. And would you believe we’ve got a band of ninjas right here in Avery Ranch?

You can find our ninjas training at Austin Ninjas on Parmer Lane at McNeil. They are attracted to the strength, agility, and mental focus the popular obstacle course requires. For more insight into the life of a ninja warrior, we connected with 10-year-old, accomplished ninja Megan Denny of Waters Edge.

Megan started training as a ninja in February, and in under a year, she has traveled to Houston for the UNAA Regionals where she received 3rd place, and to Albuquerque, NM, for the World Champi-

onship where she received 10th place! Although her background in gymnastics certainly helps with flexibility and agility, she trains in the gym once a week for about two hours. Pushups are her go-to exercise both inside and outside the gym. They help her build necessary upper body strength for any twist or turn that comes her way. Megan is also known to get creative on the



monkey bars at school while her school-mates watch excitedly for her next move and cheer her on to the finale.

Megan firmly believes that you don’t need to be the strongest or fittest to become a ninja. Any kid, teenager, or adult looking to have fun and explore their abilities can become a ninja. Her mentor, Marie, who is only a few years older than Megan, has taught Megan that real life obstacles will come and the important thing is to never give up. A defining moment for Megan was at the World Championships in Albuquerque. She received 10th place in the prelims but twisted her ankle on the very first obstacle during the finals. Megan was pretty disappointed until a group of kids came over, asked for her autograph, and shared how much they admired her.

Becoming a ninja is a great way to meet new friends, take advantage of a unique workout, and inspire mastery.

Every obstacle is scalable, no matter your age or fitness level. Get the family together and see who can achieve the iconic Warped Wall and Salmon Ladder!

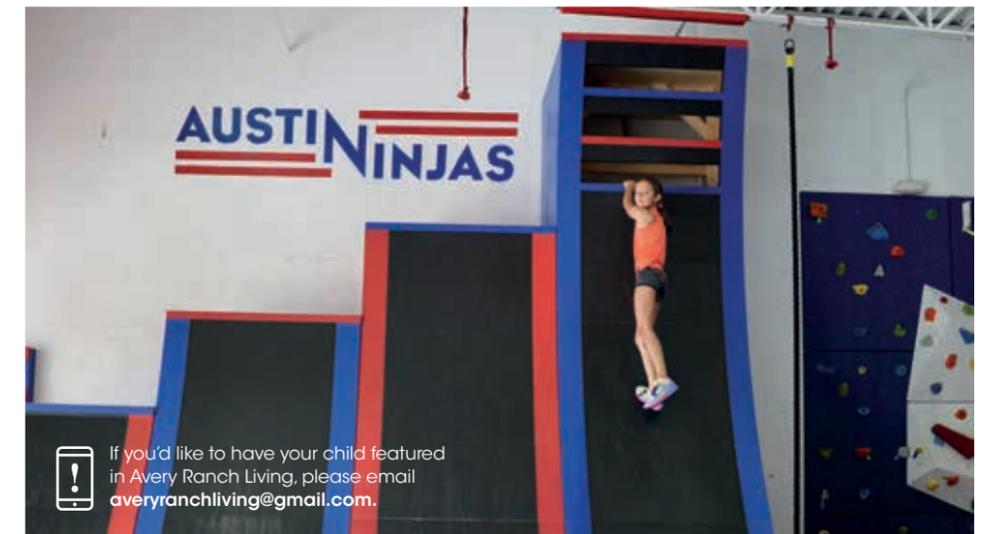
### About Austin Ninjas

“My son, James, has been an avid Ninja Warrior fan and actually is just starting his Ninja journey with Austin Ninjas -- after almost a year of begging for classes! Ha!” - Liz McDermott, Avery Ranch Resident

“I opened Austin Ninjas to give our community a place to train like a ninja warrior and to learn how to overcome obstacles, big and small. It is amazing to see kids trying an obstacle over and over until they succeed. It is a fabulous way for kids to learn how to stick with things and never give up.” - Jennifer Halla, owner of Austin Ninjas

“My son, Joseph, is currently in 5th grade at Rutledge and started going to classes at Austin Ninjas this last spring after hearing about them from one of his buddies, also a Rutledge 5th grader. Joseph is eagerly awaiting the start of fall classes at Austin Ninjas next week and looks forward to participating in upcoming competitions for his age group.” - Vivian Wied, Avery Ranch Resident

“My 8-year-old son, Morris, attended a birthday party last year at Austin Ninjas and was hooked. We signed him up for classes the next day. He’s not a terribly athletic or daring kid and the classes allow him to build his skills at his own pace. I appreciate that it’s full of strength building activities that encourage him to take risks and try again and again to get it right. I’ve seen a growth in his confidence for trying new things on the playground - some may be attributed to getting older, but I am sure a large part is from his ninja practice. He’s still very much a novice, but this is the activity I’ve seen him have the most continued interest in.” - Ann Koonce, Avery Ranch Resident



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Thanks to our friends at Club Pilates for recently hosting a private Pilates Reformer Class for Avery Ranch residents. Attendees had a chance to experience the benefits of Pilates for themselves! After the workout, new friends got to enjoy a little fellowship along with some fresh veggie wraps and energy balls from our friends at Freshii in Cedar Park. If you missed the class, no worries! Simply call Club Pilates Cedar Park at (512) 399-5212 or Club Pilates Round Rock at (512) 399-5216 to schedule your free intro class.



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MEET

MELISSA GARCIA, AGE 6  
 RESIDENT OF GLENFIELD



EVERY RANCH GRADS

Written by Sahana Sankar, Age 12, Resident of Morningside

Hi, I'm Melissa's mom. Melissa graduated from kindergarten last spring, and we are all so proud of her! Of course, Melissa enjoyed three months of summer. She loves all kinds of summer sports, like golf, soccer, and swimming, which is perfect for the summer. In fact, Melissa learned to swim when she was just 2 years old. Melissa also loves playing with friends and playing with her dolls. Believe it or not, Melissa is really organized, which is completely unexpected from a six-year-old. I am very grateful for that. Melissa also loves to watch movies and listen to songs. Her favorite movies are *Smurfs*, *Trolls*, *Frozen*, and *Sofia the First*. And she loves the Beatles, Michael Jackson, and almost any rock 'n' roll song there is. Speaking of music, Melissa loves dancing, especially ballet. Melissa is also into art, and I think she wants to be an artist when she grows up, which is a fantastic thing to be. Speaking of growing up, I can't believe Melissa is going into 1st grade already. She's a big girl now! I'm sure Melissa is going to rock 1st grade, and she's super excited about it too. Who wouldn't be? We were all really happy when Melissa graduated from kindergarten. Melissa, we're so proud of you, and of everything that you have learned so far. You're going to do an excellent job in 1st grade. We love you so much!

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filters, electrical switches, belts, contacts, motors, safety switches, gas pressure, and refrigerant levels. They can detect potential problems and ensure that your system is working as efficiently as possible.

Sign up for a bi-annual maintenance agreement with a qualified HVAC company. This is a great way to keep your system at peak performance. A maintenance agreement not only gives you the advantage of priority service in the event of system failure, but it also ensures that your checkups are done on schedule. You'll save money in the long run.

Check for air leaks and seal your air ducts. Vacuum and clean your supply and return vents to make sure nothing is obstructing the air flow.

Even though it's not freezing yet, it is time to prepare your home for the cold. Here are a few tips to keep your family warm and cozy this winter:

Replace the filter in your furnace. No matter the season, dirty HVAC filters restrict airflow and reduce the entire efficiency of the HVAC system.

Consider having a local professional inspect your HVAC system at least twice a year. They'll check

Seal any gaps where critters can get in and air can get out. Replace weather stripping around doors and caulking around windows. Also, check your attic. Animals like to stay warm too. They especially like insulation and duct work for warm winter naps.

Test your smoke and carbon monoxide detectors for proper function. Carbon monoxide is a silent killer and can be a serious issue.

Invest in a programmable thermostat. You can easily set the thermostat at different temperatures for different times of the day. This can reduce heating costs by 20-75%.

Clean and remove debris (leaves, trash, etc.) from the condenser outside. A clogged condenser coil can shorten the life of your outside unit.

If your home is equipped with a heat pump system, make sure the heat strips are cleared of any debris. A professional will make sure this is taken care of.

Consider the age of your heating system. Systems more than 15 years old are only 50-60% efficient. You may even consider replacing the whole HVAC system.

Today, many gas furnaces have efficiency ratings as high as 97%. Replacing your HVAC system is an expensive proposition, but if your system is old and inefficient, the added comfort and financial benefits of a new system can be great. According to the U.S. Department of Energy, new, high-efficiency models can reduce your home's annual energy bill by as much as 20-40%.

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# AVERY RANCH SCOUTS

## THE GIRL SCOUTS OF CENTRAL TEXAS



Story by Trina Martin

Hello, Avery Ranch residents! Girl Scouts of Central Texas is thrilled to share the amazing opportunities Girl Scouts can find right here in Central Texas — in fact, right here in Avery Ranch! The girls are doing remarkable things to challenge themselves and make positive changes, all while having a lot of fun. Here's what being a Girl Scout is all about:

### GIRL SCOUTS OFFERS THE BEST LEADERSHIP DEVELOPMENT EXPERIENCE IN THE WORLD FOR GIRLS.

Girl Scouts of Central Texas unleashes the G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)<sup>TM</sup> in every girl, preparing her for a lifetime of leadership. A Girl Scout can go from taking a nighttime hike under the stars to accepting a mission on the International Space Station, from lobbying the city council with her Troop to holding a seat in Congress, and from running her own cookie business today to tackling cybersecurity tomorrow.

Our Girl Scout Leadership Experience is a one-of-a-kind leadership development program for girls, with proven results. It is based on time-tested methods and research-backed programming and helps girls take the lead with total confidence.

Research shows that girls learn best in an all-girl, girl-focused environment. In Girl Scouts, your girl will practice different skills, explore her passions, take on leadership positions, and even feel allowed to fail, dust herself off, get up, and try again.

Girl Scouts is proven to help girls thrive in five key ways. Through Scouting, girls will:

- Develop a strong sense of self
- Seek challenges and learn from setbacks
- Display positive values
- Form and maintain healthy relationships
- Identify and solve problems in the community

### WANT TO GET INVOLVED? JOIN GIRL SCOUTS OF CENTRAL TEXAS! THIS IS WHAT YOU'LL WANT TO KNOW ABOUT US:

#### WE BELIEVE ...

in the power of girls. Whether they're off to their first Troop sleepover with their very best friends or joining our all-girls robotics team, our girls find the sparkle that makes them special.

#### WE CONNECT ...

our 17,500 girls and over 12,000 adult volunteers through adventures and friendships that will last



a lifetime. Teamwork and friendship unite us, and we shine so much brighter when we're together.

#### WE GET INVOLVED ...

in our communities through hundreds of service projects completed each year! Our members change the world through small acts of kindness and through BIG ideas that make a lasting impact. Collecting funds for hurricane relief, crafting holiday cards to bring cheer, and playing with pups at Austin Pets Alive are just a few of the projects our girls have undertaken to make a difference in their world.

Girl Scouts of Central Texas is a place for every girl to reach her every goal and unleash her fullest potential! Want more information? Visit [www.GSCTX.org](http://www.GSCTX.org). Ready to start your adventure? Attend our Girl Scout information event at the Avery Ranch Amenity Center on November 11th from 6:30-7:30 p.m.

If you'd like to feature your Girl Scout in Avery Ranch Living, we'd love to tell her story! Simply email [averyranchliving@gmail.com](mailto:averyranchliving@gmail.com).

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Additional events throughout the week include (but are not limited to):

- Spectacular Opening Ceremonies (Rotary Club of Georgetown, Fort Hood, GFD Pipes and Drums, all military branches, and many others)
- Patriotic Concert and Readings of Letters from War
- Honor Walk 5K
- Veteran and First Responder Resource Expo (Sun City Rotary Club)
- Flag Retirement Ceremony
- Patriot's Ball

For more information about the Field of Honor, visit [www.georgetowntxfieldofhonor.org](http://www.georgetowntxfieldofhonor.org). For Rotary Club of Georgetown and its events, visit [www.georgetownrotary.org](http://www.georgetownrotary.org).





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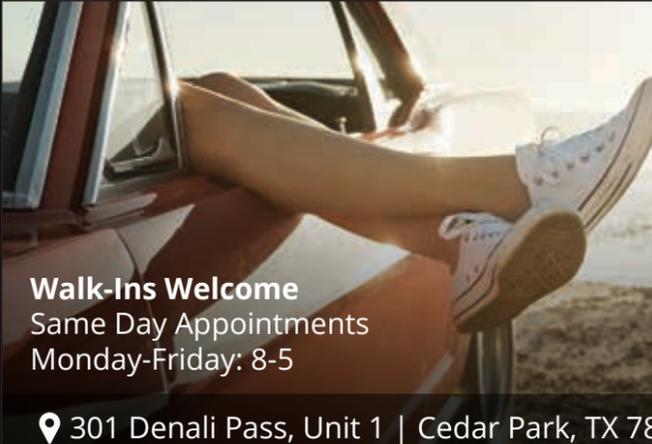
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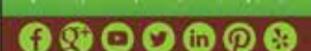
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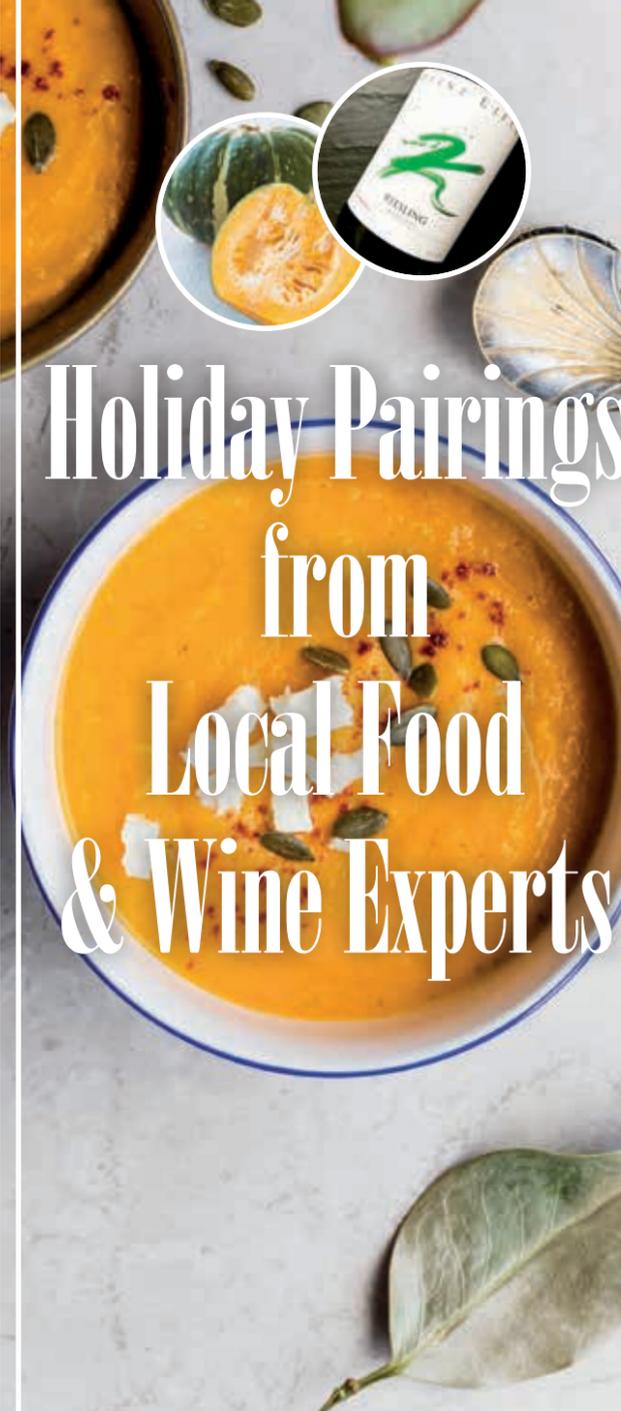
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# Holiday Pairings from Local Food & Wine Experts

## FOOD & WINE



**The Food:**  
Japanese Sweet Potato & Kabocha Squash Soup

Recipe by

Tylesia "Tye" Lewis, a local professional chef creating healthy, delicious, and culturally aware meals using budget-friendly pantry staples. Visit [www.tyecooksaustrin.com](http://www.tyecooksaustrin.com) for more recipes.

This soup is rich in vitamin B-6, magnesium and vitamin A but best of all delicious.

### Ingredients:

- 1 medium kabocha squash
- 2 medium Japanese sweet potatoes
- ½ c half and half
- 1 tsp nutmeg
- 2 tbsp salted butter
- 1 tsp sea salt

### Preparation

Preheat oven to 350° F. Slice squash in half and scoop out seeds. Place halves flesh side down in shallow foiled lined baking dish with ¼ cup water. Loosely cover squash and bake for 30minutes or until tender. Wash and dry potatoes. Wrap each potato in aluminum foil and bake in oven for 40 minutes at 425° F or until easily pierced with a fork. Place deseeded squash, butter and potatoes in food processor or blender and puree until smooth. Add nutmeg, salt and half and half;

puree for an additional 20 seconds. Pour into serving bowls and enjoy warm.

Servings: 4  
Prep Time: 5 minutes  
Total Time: 55 minutes



**The Wine:**  
Riesling Kabinett Chosen by Ron Flecha, Sommelier and Manager

at Avery Ranch Wine & Spirits in The Shops at Avery Ranch — a distinctive boutique known for exotic wines, spirits, and outstanding service.

This crisp, clean Riesling Kabinett will be the perfect pairing for your Kabocha and Japanese Sweet Potato Soup. Hailing from the Mosel region in Western Germany, this slightly sweet and light wine has the sunny acidity to amplify its easy drinking appeal. This easy-sipping Kabinett has bursts of apple, grapefruit and passion fruit; a perfectly balanced wine for everyday enjoyment. This wine has been rated 88 points by Wine Enthusiast.

I chose this wine because it will bring out the subtlety in your soup, highlighting the exceptional flavor of the Kabocha squash and Japanese sweet potatoes. And at \$12.50 per bottle, you can enjoy it anytime you want!

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TEEN'S NAME	PHONE	EMAIL	AGE	NEIGHBORHOOD	CPR	BABYSITTING	PET CARE	HOUSE WORK & ODD JOBS	POOPER SCOOPER	YARD WORK
Aakash Verma	(512) 887-8755	ashakids2016@gmail.com	19	Morningside	x		x			x
Preethi Rajgopal	(512) 777-1343	ashakids2016@gmail.com	17	Morningside	x	x	x			
Konnar Kechely	(512) 721-9396	konnark32@gmail.com	17	Granite Shoals	x	x	x			
Megan Whittaker	(512) 658-4809	k_whittaker@mac.com	17		x	x	x	x		
Francesca Saenz	(512) 872-1347	frsgrl0@gmail.com	17		x	x				
Grace Balcezak	(512) 585-1728	xmasong@hotmail.com	16	Casitas		x	x			
Abri Rochte	(512) 762-3369	abri.rochte@gmail.com	16	Westchester	x	x	x			
Evan Wills Elizondo	(512) 820-0867	katie.evanbabysitting@gmail.com	15	Brookside		x	x	x		
Katie Naugle	(512) 820-0867	katie.evanbabysitting@gmail.com	15			x	x	x		
Anthony Wang	(512) 913-1922	tonyisawsome5@gmail.com	15	Creekside		x	x	x		
Matthew Rivers	(512) 968-8630	wendy.rivers@gmail.com	15	Brookside			x	x		
Kaylee Campbell	(512) 789-8970	jennyncampbell@outlook.com	15	Parkside	x	x	x	x		
Caitlin Swain	(512) 695-6502	louloumac15@gmail.com	15	Granite Shoals		x	x	x		
Pranay Chalasani	(512) 872-1459	pranaythesmarkid@gmail.com	14			x	x	x	x	x
Dillon Swain	(512) 695-6502	louloumac15@gmail.com	13	Granite Shoals		x	x	x		
Kristin Bruce	(512) 750-6779	kristinrockstar@icloud.com	12	Parkside		x				
Elenora Nixon	(513) 461-4731	Thattopperdog318@gmail.com	11				x		x	

**SUPPORT THE YOUTH OF AVERY RANCH!** If you know an enterprising young person who lives in Avery Ranch, we would like to include them on our list of Helping Hands. Simply email his/her name and details to [averyranchliving@gmail.com](mailto:averyranchliving@gmail.com). Be sure to include the youth's phone number, email address, age, CPR certification (if applicable), and the services offered.

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# YOU'RE INVITED **EVENTS** AVERY RANCH

Want advanced notice of special events? Email [averyranchliving@gmail.com](mailto:averyranchliving@gmail.com).

## Friday, November 2 • B2B Networking Meetup

Presented by Avery Ranch Living

**Where:** Arthur Murray Dance Center

**When:** 3:00 p.m. – 4:30 p.m.

**Description:** If you desire to grow your business by reaching other local business owners, please join us for a drink, appetizers, and some serious B2B networking. Everyone is welcome. Visit [www.Meetup.com/Avery-Ranch](http://www.Meetup.com/Avery-Ranch) for details. Please email [laura.terry@n2pub.com](mailto:laura.terry@n2pub.com) to RSVP.

## Saturday, November 10 • Family Movie Night

Presented by the Avery Ranch Social Committee

**Where:** Morningside Amphitheater

**When:** 5:00 p.m. – 8:00 p.m.

**Description:** Lights, camera, ACTION! Join us for Family Movie Night at the MAC amphitheater on Saturday, November 10th. Pack up the juice boxes or a thermos of hot cocoa and we'll provide the popcorn. Our featured movie is the holiday classic, Elf, with Will Ferrell. The movie will begin around 6pm. Elf is 1 hour 37 minutes long and rated PG. Hope to see you there!

## Monday, November 12 | Monday, December 10 • Avery Ranch Social Committee - Monthly Meeting

Presented by the Avery Ranch Social Committee

**Where:** Avery Ranch Golf Club, Sunset Grill

**When:** 10:00 a.m. – 11:00 a.m.

**Description:** Fresh ideas, positive vibes. Join us and become a part of bringing the Avery Ranch community together.

## Monday, November 12 • Monday, December 10 • Avery Ranch Board of Directors - Monthly Meeting

Presented by the Avery Ranch Home Owner's Association

**Where:** Morningside Amenity Center, Meeting Room

**When:** Open session begins at 7:30 p.m.

**Description:** Topics include old and new general association business, covenant enforcement, and budgeting/assessments.

Executive session topics may include contract negotiations, enforcement actions, confidential attorney communications, matters involving the invasion of owners' privacy, personnel matters, litigation, and/or matters involving parties who have requested confidentiality and the Board has agreed to honor those requests. For a detailed agenda of the meeting, please visit [www.Ciranet.com/ResidentPortal](http://www.Ciranet.com/ResidentPortal) or [Facebook.com/AveryRanchOwnersAssociation](https://www.facebook.com/AveryRanchOwnersAssociation). Agendas are posted 72 hours before each meeting.

## Saturday, December 15 • Holiday Hay Ride

Presented by the Avery Ranch Social Committee

**Where:** MAC Park

**When:** 6:00 p.m. – 8:00 p.m.

**Description:** This December, gather your loved ones and take in the magic of the holiday season at Avery Ranch. Enjoy a cozy hayride through the festive lights and bring your wish list to Santa himself. When Avery Ranch celebrates the season, the Main Amenity Center lights up with excitement for residents of all ages.

## SCHOOL EVENTS: Rutledge Elementary Spirit Nights (Mention "Rutledge" when ordering)

November 3, at Chipotle (Lakeline) from 5:00 p.m. to 9:00 p.m.

November 7, at P.Terry's (Lake Creek Parkway) from 3:00 p.m. to 12:00 a.m.

November 15, at Dart 'em Up (Lake Creek Parkway) from 4:00 p.m. to 8:00 p.m.

November 29, at Urban Air Trampoline (Cedar Park) from 4:00 p.m. to 8:00 p.m.

December 3, at Chick-fil-A (620) from 5:00 p.m. to 8:00 p.m.

December 12, at Smokey Mo's (Avery Ranch) from 4:00 p.m. to 9:00 p.m.

December 21, at Blaze Pizza (Lakeline) from 4:00 p.m. to 9:00 p.m.

**IMPORTANT:** Event details are subject to change. Please check [Facebook.com/AveryRanchOwnersAssociation](https://www.facebook.com/AveryRanchOwnersAssociation) for the latest information.

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What: Family Fun Night  
Where: Pinballz Arcade  
When: Thursday, November 15th  
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Details: Mention "Avery Ranch" to  
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RSVP: [laura.terry@n2pub.com](mailto:laura.terry@n2pub.com)

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